

# YPRC

# YOUTH PREVENTION RESOURCE CENTER

## ALCOHOL AWARENESS MONTH

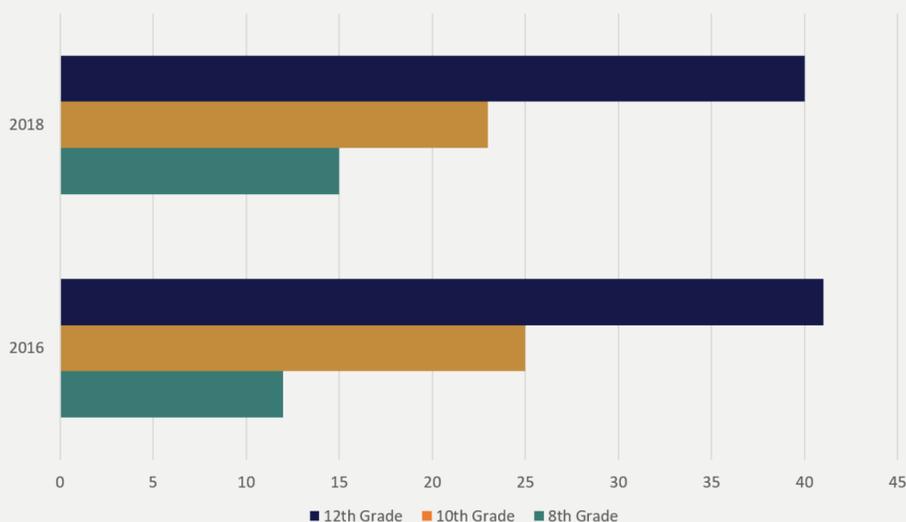


Established in 1987, Alcohol Awareness Month was a way of increasing outreach and education regarding the dangers of alcoholism and issues related to alcohol.

## THE STATISTICS

Illinois Youth Survey 2016 and 2018  
Substance Use Rates by Grade, reported alcohol 30-day past use and one year use:

Past 30 Day Alcohol Use By Grade Level  
(Percentage)



Alcohol Use In the Past Year By Grade Level  
(Percentage)



## ALCOHOL USE FACTS

According to the [CDC](#), youth who drink are more likely to experience:

- Higher rates of school absence or lower grades
- Social issues, such as fighting or lack of participation in youth activities
- Legal problems, such as arrests for driving or physically hurting someone while drunk
- Physical and sexual violence
- Increased risk of suicide and homicide
- Misuse of other substances
- Changes in brain development that may have life-long effects
- And more...



## TAKE ACTION!

- Create a community where youth can grow up without drinking and feel good about themselves.
- Consistent messaging that underage drinking isn't okay.
- Stay involved in young people's lives. Pay attention and be available (and approachable) to talk to youth.

## PREVENTION FIRST

For more information, visit [The Youth Prevention Resource Center](#)